



High Holiday Quiet Space

reflect, regroup, restore

The Inclusion Committee is once again curating a few Quiet Spaces for those who need or want to take a “time-out” during services and programming on Rosh Hashanah & Yom Kippur

Quiet Space in the Staircase Art Gallery. Chairs and cushions will be available as well as reading and reflection material. The intention is that those who need a break from the stimulation of a large group of people and the activity of group prayer come in to read, relax, and meditate. It is a low-stimulation space for folks of all ages and stages.



All children (pre-B'nei Mitzvah age) must be supervised by their grown-up. The intention is for this to be a quiet area. We urge that conversations be kept to a minimum, and a whisper.

We hope that our Quiet Space will be a helpful addition to your High Holiday experience. Please direct any feedback or thoughts for the future to Wendy Elliott-Vandivier (inclusion@orhadash.com), chair of the OH Inclusion Committee.