

Making Shabbat Relevant



Every week, every week, from Friday night to Saturday night, the Jewish people celebrate Shabbat, a day of rest, rejuvenation, joy, blessing, study, prayer, and coming together in community.

What is this holiday really all about? Where are its origins and why is it so beloved and central to our people? What do we love about this day? Are aspects of it troubling or difficult to us? Why are there so many “don’t do’s” on Shabbat? What do these “restrictions” (that may also set us free or be enriching) mean to us as Reconstructionist Jews? Can we have Shabbat moments on other days? How do we make Shabbat truly relevant in our contemporary lives?

Please join us **Sunday November 2nd from 9:15-11:15am** as we explore these questions and more with Rabbinical Student Julie Benioff. Challah and treats will be served, yum! Please RSVP to [Janet Karp](#).



...shedding new light on Jewish Traditions