



# Soup Instructions

Please return unused containers to Or Hadash!

- ✓ Make your soup and ladle it into the containers leaving some room at the top since the soup may expand upon freezing.
- ✓ Label your soup using the Aid for Friends label provided with your containers. Please add any special dietary notes (low sodium, kosher, vegetarian, etc) on the label and be sure to include the date.
- ✓ If possible, freeze your soup before delivering it to one of the OH freezer locations. Frozen soup is easier to transport.
- ✓ Deliver your soup by **January 16, 2012** to:

*Debbie – 218 Kent Road, Wyncote – 215-885-1765 or  
Sharon – 1009 Farm Lane, Ambler – 215-283-2883 or  
Jen – 530 Kingston Road, Oreland – 215-887-6757 or  
Karen – 1813 Carmel Place, Maple Glen – 215-641-9274 or  
Nancy – 925 Stratford Ave, Melrose Park – 215-635-2023 or  
Edith – 1011 Indian Creek Rd, Jenkintown – 215-887-3173*

Want new soup recipes? Check out [www.soupchick.com](http://www.soupchick.com) for lots of ideas.



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