

The mission of Aid for Friends (AFF) is to alleviate the hunger and loneliness of isolated homebound individuals. All of their services are provided free of charge. AFF provides home-cooked meals and the gift of friendship to their clients in the five-county Philadelphia region. Volunteer coordinators meet with each referred friend to determine needs, assess the overall situation, and assign a volunteer visitor. The visitors spend time with each friend on a weekly basis as they deliver meals (frozen, home-cooked dinners, soups, breakfast bags and supplemental foods) and develop true friendships. In 2011 (most recent statistics available), AFF served 2,228 clients, delivered 467,880 meals, shared 65,000 soups, and distributed 37,097 breakfast bags.