

# Or Hadash Adult Education Committee Presents...

### JEWISH SPIRITUALITY- WHY SO MANY LEFT JUDAISM TO SEARCH FOR SPIRITUALITY ELSEWHERE, AND WHERE AND HOW CAN WE FIND IT TODAY

SUNDAY, NOVEMBER 21 at 11:00 am

### A DISCUSSSION (online) WITH RABBI SHEILA PELTZ WEINBERG

#### We will discuss:

- The history of the exodus of American Jews to Eastern traditions in the 60's and 70's.
- What spirituality is, and what "Jewish Spirituality" might be.
  - Where we can find spirituality in contemporary Judaism.

## REGISTER FOR PARTICIPATION ON ZOOM AT:

tiny.cc/adultednov21

LIVESTREAM AT: youtube.com/c/orhadashsynagogue

Rabbi Weinberg is well known to many of us as an inspirational commentator for our Kol Haneshama prayer books. A graduate of RRC, she served as a congregational rabbi for seventeen years. She has also worked in the fields of Jewish community relations, Jewish education and Hillel. She has published widely on such topics as feminism, spiritual direction, parenting, social justice and mindfulness from a Jewish perspective. Rabbi Weinberg was a founding teacher at the Institute for Jewish Spirituality and has taught mindfulness meditation and yoga to rabbis, Jewish professionals and lay people. Read more at her website: www.sheilapeltzweinbera.com

